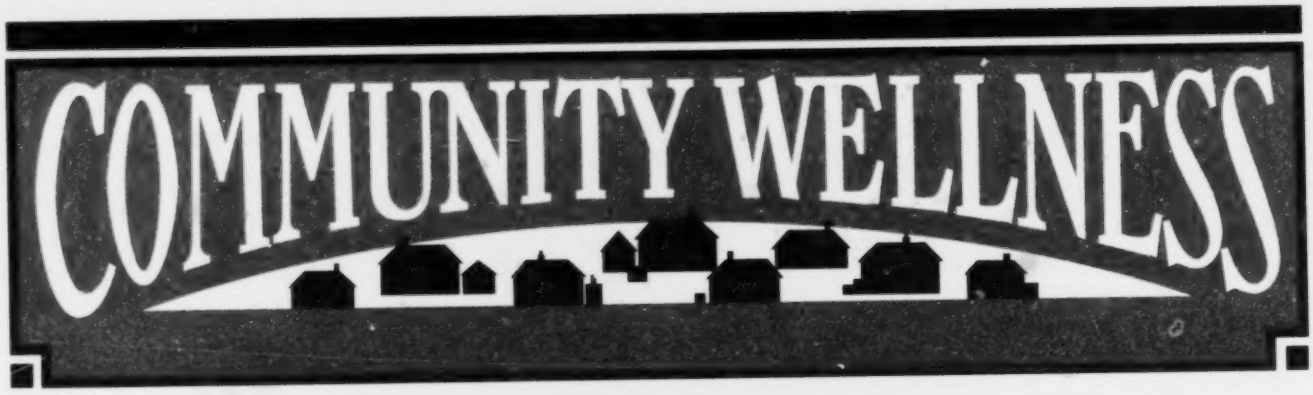


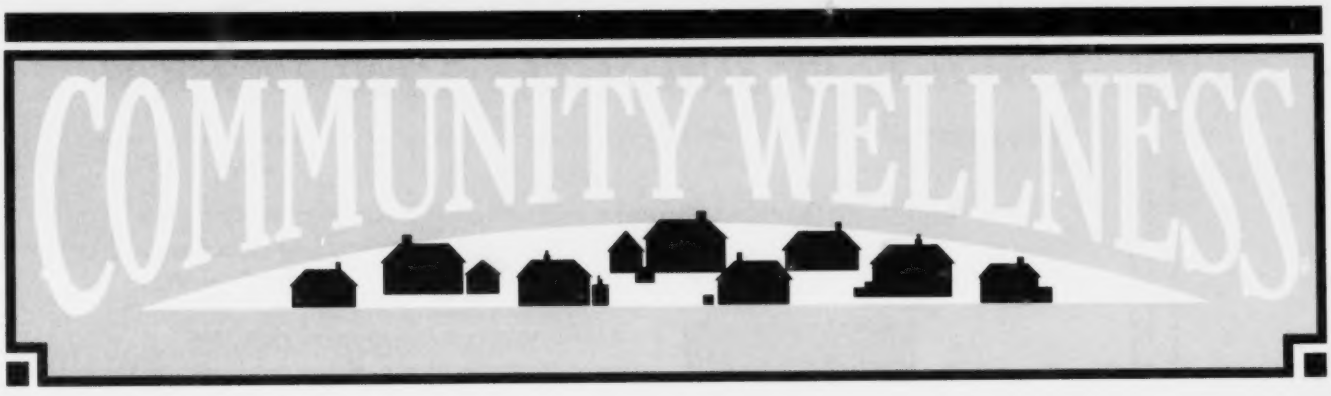
Northwest Territories

Community Wellness in Action: 1999-2000

Summary Report of Community Wellness Initiatives

March 2001

Northwest Territories Health and Social Services



Northwest Territories

Community Wellness in Action: 1999-2000

Summary Report of Community Wellness Initiatives

March 2001

Northwest Territories Health and Social Services

Community Wellness in Action 1999/2000

Minister's Opening Remarks

I would like to offer my congratulations to NWT communities on the success of their community wellness programs in 1999/2000.

This document outlines these community-based prevention and promotion initiatives, and provides an overview of projects so that communities can take pride in their work and share their success stories.

Many communities showed ingenuity by combining funds from various sources to support large initiatives. Communities continue to work to effect change in important areas, including early childhood development, Fetal Alcohol Syndrome/Effect prevention, and community mental health. Despite the challenges that often accompany development and integration of programs, communities rose to the challenge by integrating programs to create meaningful change. This kind of resourcefulness is commendable and will continue to be important as we look to the future.

I encourage communities and governments to continue working together to address the social issues that effect the well being of our children, families, and communities. We look forward to continuing to support this partnership in the future.

Honourable Jane Groenewegen
Minister, Health and Social Services

103-05813/

Executive Summary

Healthy people building healthy communities was the vision shared by many organizations who undertook community wellness initiatives throughout the Northwest Territories in 1999/2000. More than $6 million in community wellness funds were accessed to help communities provide support for and increase awareness of the importance of healthy families and healthy communities.

With the emphasis on communities identifying their own issues and solutions, many communities put their energy into programs involving early childhood development, FAS/FAE and community mental health.

Early childhood development initiatives covered a substantial proportion of available funding through programs such as Brighter Futures, Aboriginal Head Start, the Community Action Program for Children (CAPC) and the Healthy Children Initiative. Communities are increasingly aware of the positive effects of supporting children in a healthy lifestyle from an early age. This has prompted several successful ongoing programs in many communities.

An increase in FAS/FAE programs last year shows increasing concern and support in the communities for parents and children of FAS/FAE. It also shows the determination to prevent FAS/FAE in the first place. General awareness of the causes and issues surrounding this problem has greatly increased over the years, particularly among young people.

Community mental health was also strongly supported in 1999/2000 by many communities through various programs that encouraged social interaction through celebration or recreation. Cultural awareness remained an important issue to communities, with many programs focused on teaching the traditions to young people.

Some communities have begun to combine the various sources of funding to enhance programming and services.

The GNWT was pleased to introduce a new initiative last year called the Health Promotion Fund. Its focus is on improving the health and well-being of prenatal women, infants, children and youth. The fund deals with issues involving tobacco harm reduction and cessation, healthy pregnancies, active living, injury prevention and dental health.

Our NWT communities are becoming healthier places for people to live, work and raise their families. Much of this is due to the many organizations who put together the various community wellness programs listed in this report. These organizations are to be commended for their determination and dedication to creating a more positive environment for the people and the communities of the NWT.

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Introduction

The purpose of this report is to share information on community wellness initiatives with stakeholders, including communities and government, in order to celebrate accomplishments as well as promote collaboration and innovation. It also provides a window on wellness priorities identified by communities. In this regard, the information is provided directly from community reports, in the community's voice.

The information is presented by region with funding information highlighted in chart form. Detailed information about Brighter Futures/Building Healthy Communities funding is represented in pie charts. Medical Services Branch has been changed to First Nations and Inuit Health Branch. Health Promotion Programs Branch has been changed to Population and Public Health Branch in 2000. Funding is representative of actual expenditures for the 1999/2000 fiscal year. Health Promotion Programs Branch funding is representative of dollars committed to projects in Contribution Agreements. Sometimes, multi-year commitments are made in HPPB funded programs.

The Healthy Children's Initiative (HCI) funding is representative of dollars committed to projects in Contribution Agreements. This is a Government of the Northwest Territories fund administered by the Departments of Health & Social Services, and Education, Culture & Employment. An overview of Wellness Funding by region and a description of community initiatives by region is provided.

Description of Funding Programs

BRIGHTER FUTURES/BUILDING HEALTHY COMMUNITIES

**Source: Health Canada - Medical Services Branch (First Nations & Inuit Programs).*

Brighter Futures supports community projects designed to improve the physical, mental and social well-being of aboriginal children, their families and the community. Almost half of the community wellness funding comes from Brighter Futures/Building Healthy Communities.

Projects must have community support and reflect one or more of the following program elements:

- **Community Mental Health Program**
  Funding to support communities to establish and manage their own community mental health programs.

- **Child Development Program**
  Funds are used to promote child development in harmony with their families and community. The program assists in children's programs that are community driven and promotes good health and social development for infants, toddlers, and preschoolers.
- **Solvent Abuse**
  Funding supports setting up youth intervention programs. The program encourages projects that address youth issues which may lead to solvent abuse.
- **Injury Prevention**
  Funding encourages community action to reduce the risk of injury.
- **Healthy Babies**
  Funding supports projects that promote infant health.
- **Parenting Skills**
  Funding supports projects that increase parental self-esteem and teach parenting skills.

This program is administered by the GNWT Department of Health and Social Services on behalf of Health Canada. Community organizations and individuals access funds by proposal and funding decisions are made by local Band Councils, Community Corporations, or Health and Social Services Boards.

CANADA PRENATAL NUTRITION PROGRAM (CPNP)

*Source: Health Canada - Medical Services Branch (First Nations & Inuit Programs) and Health Promotion Programs Branch.

The Canada Prenatal Nutrition Program (CPNP) targets women who are at risk of having unhealthy babies due to the poor health and malnutrition of the mother. The goal of CPNP is to provide pregnant women with food supplementation, nutrition counseling, support, education, and referral.

First Nations Inuit funds are administered by the GNWT Department of Health and Social Services on behalf of Health Canada. Community organizations and individuals access funds by proposal, but funding decisions are made by local Band Councils, Community Corporations, or Health and Social Services Boards.

Health Promotion Programs Branch funds are administered from Alberta directly to community projects.

ABORIGINAL HEAD START (AHS)

*Source: Health Canada

This program is designed to support the development and implementation of community-driven and culturally appropriate programming designed to support healthy child development and school readiness.

Note: Health Promotion Programs Branch was changed to "Population and Public Health Branch" (PPHB) in 2000. Medical Services Branch was changed to "First Nations Branch and Inuit Health Branch" in 2000.

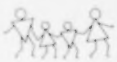
AIDS COMMUNITY ACTION PROGRAM (ACAP)

*Source: Health Canada - Health Promotion Programs Branch.

ACAP develops and strengthens the ability of community-based organizations to address their particular HIV/AIDS issues through targeted prevention, education, health promotion for people living with HIV/AIDS, and creating supportive environments.

COMMUNITY ACTION PROGRAM FOR CHILDREN (CAPC)

*Source: Health Canada - Health Promotion Programs Branch.



This program helps community groups and organizations address the health, educational, and developmental needs of children at-risk aged 0-6 years, while strengthening and supporting their families.

COMMUNITY ANIMATION PROGRAM (CAP)

*Source: Health Canada - Health Promotion Programs Branch.

The CAP program provides assistance to communities taking action on issues involving health and the environment.

HEPATITIS C PREVENTION, SUPPORT AND RESEARCH PROGRAM

* Source: Health Canada – Health Promotion Programs Branch

This program enhances the capacity of community-based organizations at the national, regional and local levels to provide support to persons infected, affected or at risk from Hepatitis C.

POPULATION HEALTH FUND (PHF)

*Source: Health Canada - Health Promotion Programs Branch.

PHF increases community capacity for action on, and across, the determinants of health by supporting initiatives that facilitate joint planning and coordinated action across sectors.

HEALTHY CHILDREN INITIATIVE (HCI)

*Source: GNWT - Department of Health & Social Services and Education, Culture, & Employment.

This program supports the development of children from prenatal to age 6 years. It focuses on disease prevention and health promotion. The program provides a wide range of programs and services, including primary intervention and therapeutic services. HCI promotes cooperation between government and local agencies/organizations.

HEALTH PROMOTION FUND

* Source: GNWT - Department of Health & Social Services

The focus of the Health Promotion fund is the improvement of the health and well-being of prenatal women, infants, children and youth, with an emphasis on tobacco harm reduction and cessation, healthy pregnancies, active living, injury prevention and dental health.

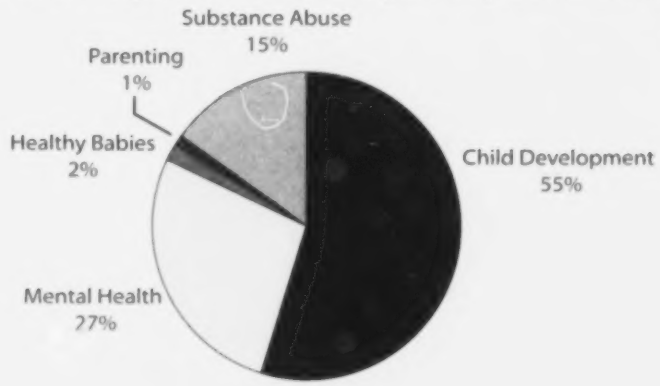
Overview of 1999/2000 Wellness Funding by Region

	(Actual expenditures) Federal - First Nations & Inuit Brighter Futures	CPNP	(Committed Amounts) Federal - Health Promotion Programs Branch Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHF	(Allocation) GNWT Healthy Children	Health Promotion	Total
Deh Cho Region	475,557.12	46,664.03	224,049.00	56,000.00	0.00	124,915.00	5,000.00	0.00	0.00	176,479.00	16,369.00	1,125,033.15
Dogrib Treaty 11 Region	442,032.00	43,716.49	92,000.00	0.00	0.00	60,000.00	0.00	0.00	0.00	127,800.00	13,790.00	779,338.49
Gwich'in Region	377,675.00	31,171.80	116,500.00	0.00	0.00	0.00	0.00	0.00	0.00	204,816.00	9,911.00	740,073.80
Inuvialuit Region	767,934.11	58,941.68	108,500.00	40,000.00	0.00	0.00	0.00	0.00	0.00	115,998.00	see Gwich'in	1,091,373.79
Sahtu Region	434,441.37	40,888.63	0.00	0.00	0.00	0.00	0.00	0.00	0.00	112,978.00	15,000.00	6,033.00
Treaty 8 Region	308,793.59	25,911.50	97,951.00	121,034.00	0.00	295,020.00	0.00	0.00	0.00	217,221.00	24,450.00	1,090,381.09
Yellowknife Region	135,503.00	13,000.00	215,000.00	150,966.00	83,000.00	313,265.00	32,500.00	10,000.00	75,000.00	362,985.00	42,649.00	1,433,868.00
Other Projects	80,732.56	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			80,732.56
Territorial Projects											33,800.00	33,800.00
Total	3,022,668.75	260,294.13	854,000.00	368,000.00	83,000.00	793,200.00	37,500.00	10,000.00	75,000.00	1,318,277.00	155,969.00	6,977,908.88

Deh Cho Region 1999/2000

	(Actual expenditures) Federal - First Nations & Inuit Brighter Futures	CPNP	(Committed Amounts) Federal - Health Promotion Programs Branch Head Start	CPNP	CAPC	CAP	(Allocation) GNWT Healthy Children	Health Promotion	Total
Fort Liard	59,251.10						26,694.00	2,218.00	88,163.10
Fort Providence	113,960.82	13,504.92	115,549.00				33,162.00	4,990.00	281,166.74
Hay River	61,260.00	16,060.89	108,500.00				13,968.00		199,788.89
Jean Marie River	17,646.81						11,268.00		28,914.81
Kakisa	10,250.00						10,493.00		20,743.00
Fort Simpson	136,716.00	8,201.91		56,000.00	124,915.00	5,000.00	40,143.00		370,975.91
Nahanni Butte	0.00						12,151.00	4,161.00	16,312.00
Trout Lake	16,520.00						12,415.00	5000.00	33,935.00
Wrigley	33,963.46						16,185.00		50,148.46
Regional	25,989.00	8,896.31							34,885.31
Total	475,557.52	46,664.03	224,049.00	56,000.00	124,915.00	5,000.00	176,479.00	16,369.00	1,125,033.22

Deh Cho Brighter Futures/Building Healthy Communitites



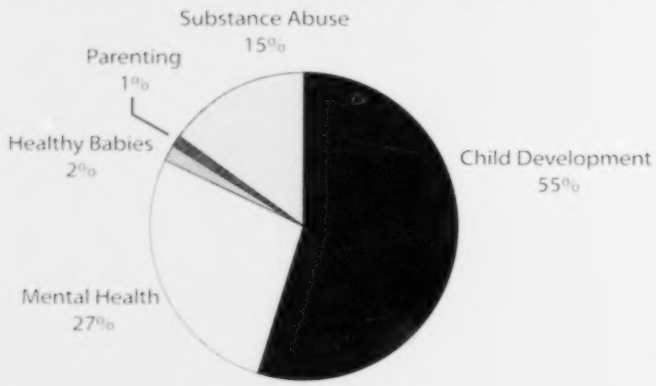
Overview of 1999/2000 Wellness Funding by Region

	(Actual expenditures) Federal - First Nations & Inuit Brighter Futures	(Committed Amounts) Federal - Health Promotion Programs Branch CPNP	Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHF	(Allocation) GNWT Healthy Children	Health Promotion	Total
	471,033.15	26,664.00	223,924.00	14,400.00	0.00	124,918.00	2,508.00	0.00	0.00	155,479.00	16,369.00	1,125,033.15
	442,338.00	27,774.49	52,000.00	0.00	0.00	42,972.00	0.00	0.00	0.00	127,800.00	12,390.00	779,338.49
	377,673.00	31,731.80	114,900.00	0.00	0.00	0.00	0.00	0.00	0.00	204,876.00	9,911.00	740,073.80
	587,942.71	38,447.88	138,500.00	40,000.00	0.00	0.00	0.00	0.00	0.00	170,598.00	115,885.20	1,091,373.79
	212,427.13	20,968.16	0.00	0.00	0.00	0.00	0.00	0.00	0.00	172,978.00	15,000.00	6,033.08
	804,787.59	23,951.50	67,867.00	127,284.00	0.00	39,000.00	0.00	0.00	0.00	217,227.00	24,459.00	1,090,381.09
	719,000.00	31,000.00	275,000.00	150,444.00	83,000.00	113,268.00	37,500.00	10,000.00	75,000.00	862,000.00	42,849.00	1,433,868.00
	80,732.56	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			80,732.56
											33,800.00	33,800.00
	3,502,668.75	260,264.13	854,007.00	368,500.00	83,000.00	750,200.00	37,500.00	10,000.00	75,000.00	1,316,277.00	155,969.00	6,977,908.88

Deh Cho Region 1999/2000

	(Actual expenditures) Federal - First Nations & Inuit Brighter Futures	CPNP	(Committed Amounts) Federal - Health Promotion Programs Branch Head Start	CPNP	CAPC	CAP	(Allocation) GNWT Healthy Children	Health Promotion	Total
Fort Liard	59,251.10						26,694.00	2,218.00	88,163.10
Fort Providence	113,960.82	13,504.92	115,549.00				33,162.00	4,990.00	281,166.74
Hay River	61,250.00	16,060.89	108,500.00				13,968.00		199,788.89
Jean Marie River	17,646.81						11,268.00		28,914.81
Kakisa	10,250.00						10,493.00		20,743.00
Fort Simpson	136,716.00	8,207.91		56,000.00	124,975.00	5,000.00	40,143.00		370,975.91
Nahanni Butte	0.00						12,151.00	4,161.00	16,312.00
Trout Lake	16,520.00						12,415.00	5000.00	33,935.00
Wrigley	33,963.46						16,185.00		50,148.46
Regional	25,999.00	8,886.31							34,885.31
Total	475,557.52	46,664.03	224,049.00	56,000.00	124,975.00	5,000.00	176,479.00	16,369.00	1,125,033.22

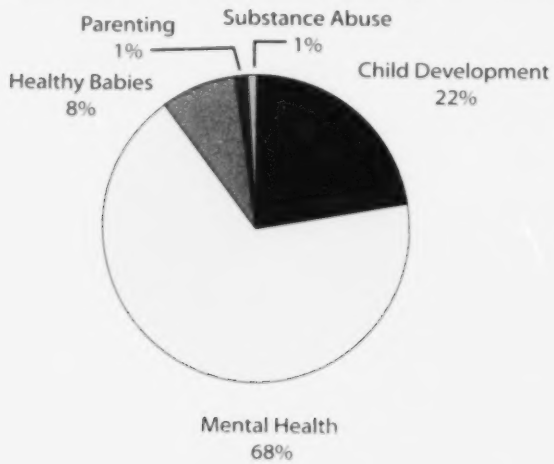
Deh Cho Brighter Futures/Building Healthy Communitites



Dogrib Treaty 11 1999/2000 Funding

	(Actual expenditures) Federal - First Nations & Inuit		(Committed Amounts) Federal - Health Promotion Programs Branch							(Allocation) GNWT		
	Brighter Futures	CPNP	Head Start	CPNP	ACAP	CAPC	CAP	HEPC	PHF	Healthy Children	Healthy Promotion	Total
Rae-Edzo	294,566.00	31,160.95	92,000.00			60,000.00				69,673.00	13,790.00	561,189.95
Rae Lakes (Gameti)	44,978.00	2,555.54								18,618.00		66,151.54
Wekweti	25,000.00	2,000.00								14,288.00		41,288.00
Wha Ti	77,488.00	8,000.00								25,221.00		110,709.00
Regional	N/A	N/A										0.00
Total	442,032.00	43,716.49	92,000.00	0.00	0.00	60,000.00	0.00	0.00	0.00	127,800.00	13,790.00	779,338.49

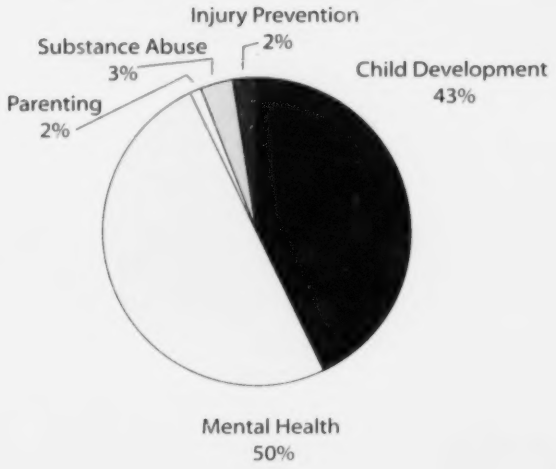
Treaty 11 Brighter Futures/Building Healthy Communitites



Gwich'in Region Funding 1999/2000

	(Actual expenditures) Federal - First Nations & Inuit		(Committed Amounts) Federal - Health Promotion Programs Branch							(Allocation) GNWT		
	Brighter Futures	CPNP	Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHF	Healthy Children	Health Promotion	Total
Aklavik	70,929.00	4,099.36								43,975.00		119,003.36
Fort McPherson	188,930.00	18,900.00	116,500.00							38,825.00		363,155.00
Inuvik	57,236.00	5,322.74								106,617.00	9,911.00	179,086.74
Tsiigehtchic	60,580.00	2,849.70								15,399.00		78,828.70
Regional	N/A	N/A										0.00
Total	377,675.00	31,171.80	116,500.00	0.00	0.00	0.00	0.00	0.00	0.00	204,816.00	9,911.00	740,073.80

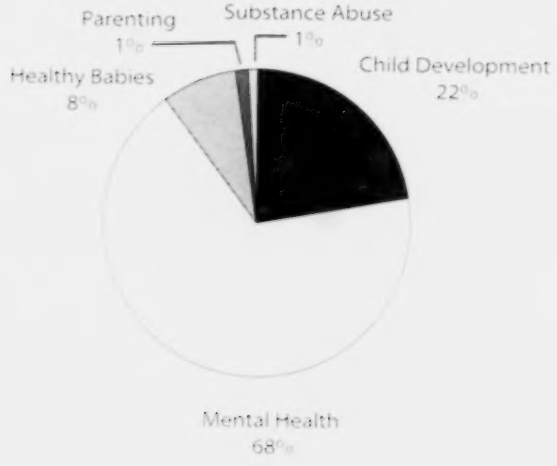
Gwich'in Brighter Futures/Building Healthy Communitites



Dogrib Treaty 11 1999/2000 Funding

	(Actual expenditures) Federal - First Nations & Inuit Brighter Futures	CPNP	(Committed Amounts) Federal - Health Promotion Programs Branch Head Start	CPNP	ACAP	CAPC	CAP	HEPC	PHF	(Allocation) GNWT Healthy Children	Healthy Promotion	Total
Rae Edzo	294,369.00	31,160.95	92,000.00			60,000.00				69,673.00	13,790.00	561,189.95
Rae Lakes (Gamet)	44,978.00	2,553.54								18,619.00		66,151.54
Wekweti	25,000.00	2,000.00								14,288.00		41,288.00
Wha Ti	77,488.00	8,000.00								25,221.00		110,709.00
Regional	N/A	N/A										0.00
Total	442,032.00	43,716.49	92,000.00	0.00	0.00	60,000.00	0.00	0.00	0.00	127,800.00	13,790.00	779,338.49

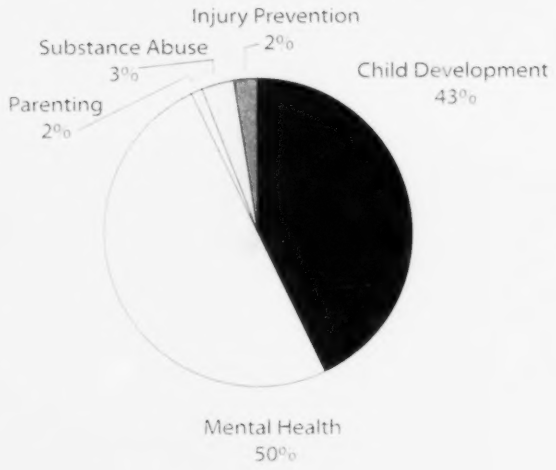
Treaty 11 Brighter Futures/Building Healthy Communitites



Gwich'in Region Funding 1999/2000

	(Actual expenditures) Federal - First Nations & Inuit		(Committed Amounts) Federal - Health Promotion Programs Branch							(Allocation) GNWT		
	Brighter Futures	CPNP	Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHF	Healthy Children	Health Promotion	**Total**
Aklavik	70,929.00	4,099.36								43,975.00		119,003.36
Fort McPherson	188,930.00	18,900.00	116,500.00							38,825.00		363,155.00
Inuvik	57,236.00	5,322.74								106,617.00	9,911.00	179,086.74
Tsiigehtchic	60,580.00	2,849.70								15,399.00		78,828.70
Regional	N/A	N/A										0.00
Total	377,675.00	31,171.80	116,500.00	0.00	0.00	0.00	0.00	0.00	0.00	204,816.00	9,911.00	740,073.80

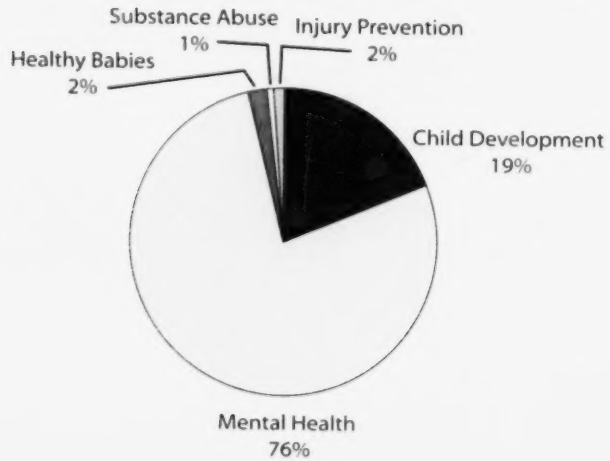
Gwich'in Brighter Futures/Building Healthy Communitites



Inuvialuit Region 1999/2000

	(Actual expenditures) Federal – First Nations & Inuit Brighter Futures	CPNP	(Committed Amounts) Federal – Health Promotion Programs Branch Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHF	(Allocation) GNWT Healthy Children	Health Promotion	Total
Aklavik	101,694.96	22,015.01								see Gwich'in		123,709.97
Holman	79,015.30	6,871.86								28,573.00		114,460.16
Inuvik	233,935.14	5,000.00	108,500.00	40,000.00						see Gwich'in	see Gwich'in	387,435.14
Paulatuk	47,358.40	0.00								25,941.00		73,299.40
Sachs Harbour	27,939.69	0.00								15,919.00		43,858.69
Tuktoyaktuk	187,868.62	18,753.54								45,565.00		252,187.16
Regional	90,122.00	6,301.27										96,423.27
Total	767,934.11	58,941.68	108,500.00	40,000.00	0.00	0.00	0.00	0.00	0.00	115,998.00		994,950.52

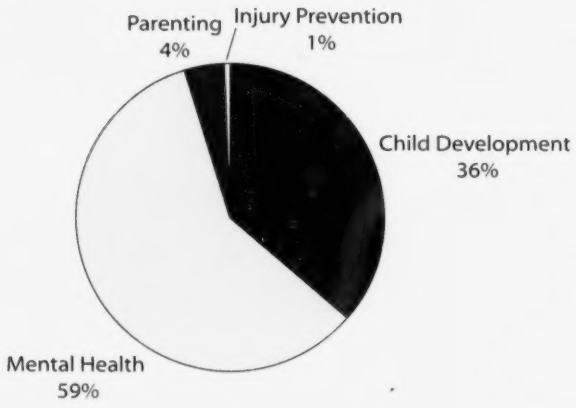
Inuvialuit Brighter Futures/Building Healthy Communitites



Sahtu Region 1999/2000 Funding

	(Actual expenditures) Federal – First Nations & Inuit		(Committed Amounts) Federal – Health Promotion Programs Branch							(Allocation) GNWT		
	Brighter Futures	CPNP	Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHF	Healthy Children	Health Promotion	Total
Colville Lake	22,096.28	0.00								11,993.00		34,089.28
Deline	213,142.00	12,478.71								34,317.00		259,937.71
Fort Good Hope	119,293.91	21,058.51								38,077.00	5,000.00	183,429.42
Tulita	78,533.29	5,394.41								28,591.00	10,000.00	122,518.70
Regional	1,375.89	1,957.00										3,332.89
Total	434,441.37	40,888.63	0.00	0.00	0.00	0.00	0.00	0.00	0.00	112,978.00	15,000.00	603,308.00

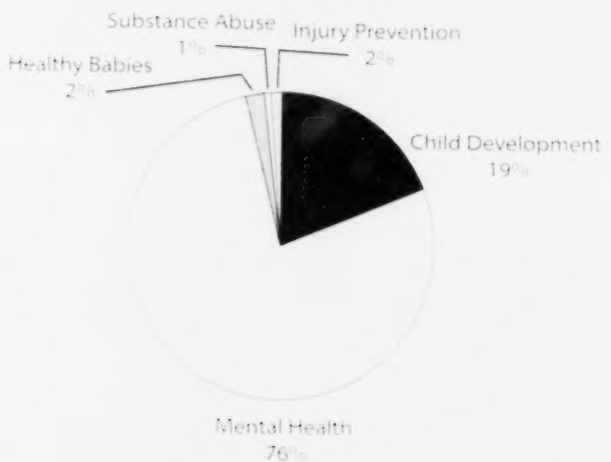
Sahtu Brighter Futures/Building Healthy Communitites



Inuvialuit Region 1999/2000

	(Actual expenditures) Federal – First Nations & Inuit Brighter Futures	CPNP	(Committed Amounts) Federal – Health Promotion Programs Branch Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHF	(Allocation) GNWT Healthy Children	Health Promotion	Total
[illegible]	[illegible]	[illegible]								[illegible]		123,709.97
[illegible]	[illegible]	[illegible]								[illegible]		114,460.16
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]						[illegible]	[illegible]	387,435.14
[illegible]	[illegible]	[illegible]								[illegible]		73,299.40
[illegible]	[illegible]	[illegible]								[illegible]		43,858.69
[illegible]	[illegible]	[illegible]								[illegible]		252,187.16
[illegible]	[illegible]	[illegible]										96,423.27
Total	[illegible]	[illegible]	[illegible]	[illegible]	0.00	0.00	0.00	0.00	0.00	[illegible]		994,950.52

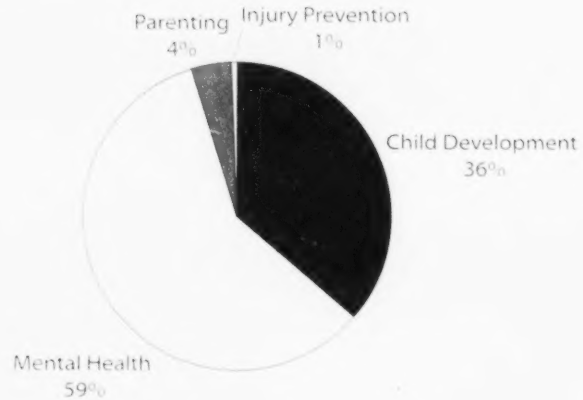
Inuvialuit Brighter Futures/Building Healthy Communitites



Sahtu Region 1999/2000 Funding

	(Actual expenditures) Federal - First Nations & Inuit		(Committed Amounts) Federal - Health Promotion Programs Branch							(Allocation) GNWT		
	Brighter Futures	CPNP	Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHF	Healthy Children	Health Promotion	Total
Colville Lake	22,096.28	0.00								11,993.00		34,089.28
Deline	213,142.00	12,478.71								34,317.00		259,937.71
Fort Good Hope	119,293.91	21,058.51								38,077.00	5,000.00	183,429.42
Tulita	78,533.29	8,394.41								25,591.00	10,000.00	122,518.70
Regional	1,375.89	1,957.00										3,332.89
Total	434,441.37	40,888.63	0.00	0.00	0.00	0.00	0.00	0.00	0.00	112,978.00	15,000.00	603,308.00

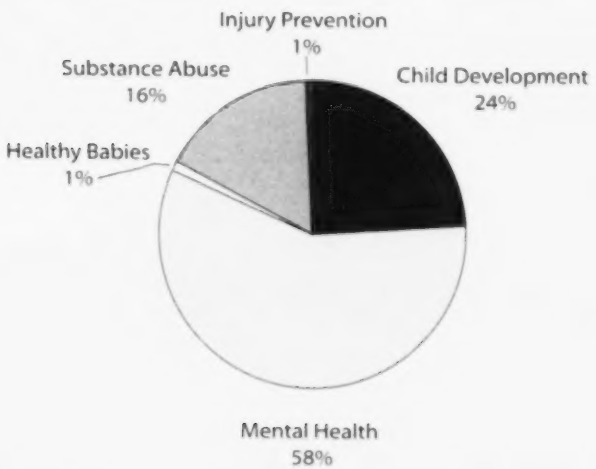
Sahtu Brighter Futures/Building Healthy Communitites



Treaty 8 Region 1999/2000 Funding

	(Actual expenditures) Federal - First Nations & Inuit		(Committed Amounts) Federal - Health Promotion Programs Branch							(Allocation) GNWT		
	Brighter Futures	CPNP	Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHF	Healthy Children	Health Promotion	Total
Fort Resolution	97,230.00	1,576.50								31,306.00		130,112.50
Fort Smith	121,768.00	13,835.00	97,951.00	53,000.00						71,693.00	7,850.00	366,097.00
West Point/Hay River	11,298.00	1,500.00		68,034.00		295,020.00				92,303.00	11,600.00	479,755.00
Lutsel K'e	78,497.59	9,000.00								21,919.00	5,000.00	114,416.59
Regional	N/A	N/A										0.00
Total	308,793.59	25,911.50	97,951.00	121,034.00	0.00	295,020.00	0.00	0.000	0.00	217,221.00	24,450.00	1,090,381.09

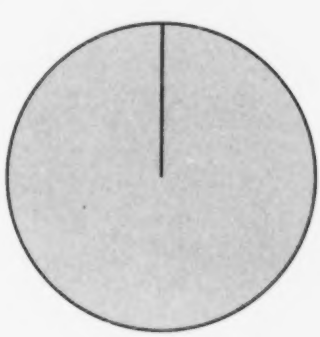
Treaty 8 Brighter Futures/Building Healthy Communitites



Yellowknife Region 1999/2000 Funding

	(Actual expenditures) Federal – First Nations & Inuit Brighter Futures	CPNP	(Committed Amounts) Federal – Health Promotion Programs Branch Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHF	(Allocation) GNWT Healthy Children	Health Promotion	Total
Yellowknife	135,503.00		215,000.00	150,966.00	83,000.00	313,265.00	32,500.00	10,000.00	75,000.00	335,176.00	42,649.00	1,393,059.00
Ndilo		13,000.00								11,752.00		24,752.00
Dettah										16,057.00		16,057.00
Total	135,503.00	13,000.00	215,000.00	150,966.00	83,000.00	313,265.00	32,500.00	10,000.00	75,000.00	362,985.00	42,649.00	1,433,868.00

Yellowknife Brighter Futures/Building Healthy Communitites



Mental Health
100%

Treaty 8 Region 1999/2000 Funding

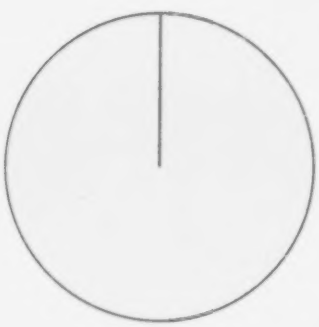
	(Actual expenditures) Federal - First Nations & Inuit Brighter Futures	CPNP	(Committed Amounts) Federal - Health Promotion Programs Branch Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHT	(Allocation) GNWT Healthy Children	Health Promotion	Total
[illegible]	[illegible]	[illegible]								[illegible]		130,112.50
[illegible]	[illegible]	[illegible]	[illegible]	[illegible]						[illegible]	[illegible]	366,097.00
[illegible]	[illegible]	[illegible]		[illegible]		[illegible]				[illegible]	[illegible]	479,755.00
[illegible]	[illegible]	[illegible]								[illegible]	[illegible]	114,416.59
[illegible]	[illegible]	[illegible]										0.00
Total	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	1,090,381.09

Treaty 8 Brighter Futures/Building Healthy Communitites

Yellowknife Region 1999/2000 Funding

	(Actual expenditures) Federal – First Nations & Inuit Brighter Futures	CPNP	(Committed Amount) Federal – Health Promot... Programs Branch Head Start	CPNP	ACAP	CAPC	CAP	HepC	PHF	(Allocation) GNWT Healthy Children	Health Promotion	Total
[illegible]	135,503.00		215,000.00	150,966.00	83,000.00	313,265.00	32,500.00	10,000.00	75,000.00	383,176.00	42,649.00	1,393,059.00
[illegible]		13,000.00								11,752.00		24,752.00
[illegible]										16,057.00		16,057.00
Total	135,503.00	13,000.00	215,000.00	150,966.00	83,000.00	313,265.00	32,500.00	10,000.00	75,000.00	362,985.00	42,649.00	1,433,868.00

Yellowknife Brighter Futures/Building Healthy Communitites



Mental Health
100%

Other Projects

(Actual expenditures)
Federal - First Nations & Inuit
Brighter Futures

Dene Cultural Institute	10,000.00
Mildred Hall School	1,957.13
Yellowknife Foster Family Assoc.	11,900.00
Stanton Regional Health Board	9,290.74
SEDNA Association	17,999.09
YCC Peer Educators	26,424.35
Promotional Items	3,161.25
Total	80,732.56

Deh Cho

Community Wellness in Action 1999-2000

The region denoted on this map is for information purposes only and does not represent official land claim or treaty areas.

Other Projects

	(Actual expenditures) Federal - First Nations & Inuit Brighter Futures
[illegible]	10,000.00
[illegible]	1,957.13
[illegible]	11,900.00
[illegible]	9,290.74
[illegible]	17,599.09
[illegible]	26,424.35
[illegible]	3,161.25
Total	80,332.56

Deh Cho

Community Wellness in Action 1999-2000

The region denoted on this map is for information purposes only and does not represent official land claim or treaty areas.

Fort Liard

BRIGHTER FUTURES

Acho Koe Dene Band

- *Community Mental Health* – Ten people attended a mental health workshop in the community that focused on the root causes of drug and alcohol abuse. Promotions were displayed during National Addictions Awareness Week and a drum dance was held. A grieving workshop was also offered, with seven people participating.

HEALTHY CHILDREN INITIATIVE

- *Preschool Program (Acho Dene Koe)*

HEALTH PROMOTION FUND

- *A youth workshop on high risk behaviours, suicide and HIV/AIDS (Fort Liard Health Centre)*

"The project (grieving workshop) was to help people understand grief and how to deal with different types of loss."
– Community Mental Health/Brighter Futures

Fort Providence

BRIGHTER FUTURES

Deh Gah Got'ie Dene Council

- *Community Mental Health* – Funds supported a variety of programs including a healing camp in Kakisa, a traditional gathering in Jean Marie River during the Deh Cho Assembly, an elders' cultural camp and an FAS/FAE train the trainer workshop in Fort Smith. Ten men also attended a wellness conference in Saskatoon.
- *Child Development* – Several young people were sponsored to attend the NWT Youth Conference in Hay River, the Territorial Youth Conference and a summer camp program. A graduation celebration was held for the preschool program, a Breakfast for Learning program was run in the school and local youth renovated the old community hall to use as a youth centre. Funds were also used to hire a sign language support teacher to assist a hearing impaired student attending preschool. The local healing camp continued to be used as a family resource centre.
- *Solvent Abuse Prevention* – A DARE program was initiated by the school.
- *Injury Prevention* – Safety in the school and at home was taught under the supervision of the local fire department.
- *Parenting* – The Friendship Centre held a parenting skills workshop and a basic literacy program.

"The purpose of the gathering (preschool graduation) is to acknowledge and support children's achievements."
- Child Development/Brighter Futures

"Parents, caregivers, extended family and community members are the key people who make this program a success."
- Dezoah Undaa Etleh Koke/Aboriginal Head Start

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Positive Beginnings (Zhahti Koe Friendship Centre)* – Eight cooking classes with nutrition information were offered twice a week, as well as four separate education sessions. Childcare, transportation and food vouchers were provided, and nutrition assessments were occasionally conducted. Sewing circles and a community feast were also organized.

ABORIGINAL HEAD START

- *Dezoah Undaa Etleh Koke (Deh Gah Got'ie Dene Council)* – Thirty-two three and four year olds were enrolled throughout the preschool year. Children learned basic academic skills, along with Dene culture and values.

HEALTHY CHILDREN INITIATIVE

- *Parenting Workshops (Zhahti Koe Friendship Centre)*
- *Pre/Postnatal Programs (Zhahti Koe Friendship Centre)*

HEALTH PROMOTION FUND

- *School Breakfast Program (Deh Gah School)*

Hay River Reserve

BRIGHTER FUTURES

Hay River Dene Band Council

- *Community Mental Health* – An on the land program and an arts and crafts program were offered for young people. Various personal growth and development workshops were held for the community.
- *Child Development* – A youth worker was hired part-time and support was given to the youth drop-in centre, as well as the Aboriginal Head Start program. A school counsellor was hired to work at both the elementary and high schools.

CANADA PRENATAL NUTRITION PROGRAM (FNIC/HPPB)

- *K'atl'odeeche (Hay River Dene Band Council/and Growing Together Society)* – Up to 10 women attended 74 cooking classes twice a week. Thirteen separate education sessions/activities were offered and nutrition information was provided one-on-one or in groups. In addition, two five week womens' addictions and prenatal classes were offered. Nutrition assessments and home visits were occasionally conducted. The program provided childcare, transportation and food supplements. Sewing circles and a community feast were organized.

ABORIGINAL HEAD START

- *Hay River Aboriginal Head Start (Hay River Dene Reserve District Education Authority)* – This program provided a safe, nurturing and multifaceted environment for 34 to 40 children, aged three to five. Parents participated in governance of the program as well as activities such as South Slavey teaching, traditional story and legend telling, elder participation and the parent snack program. Parents also participated in the Early Childhood Series with other early childhood educators in the region.

HEALTHY CHILDREN INITIATIVE

- *Bussing Program (Hay River Reserve District Education Authority)*

"Passing on tradition is important to our well-being."
– Community Mental Health/Brighter Futures

Jean Marie River

BRIGHTER FUTURES

Jean Marie River First Nation

- *Community Mental Health* – Twelve people attended the Deline spiritual gathering and nine people attended the Lac Ste. Anne pilgrimage.
- *Child Development* – Funds were used for youth to attend a youth conference and for wages to hire a preschool worker.

HEALTHY CHILDREN INITIATIVE

- *Preschool Program (Jean Marie River First Nation)*

BRIGHTER FUTURES

Ka'agee Tu First Nation

- *Community Mental Health* – Several workshops were held, including one on community wellness. The Northern Women/Well-Being Conference covered different topics, including personal power and parenting skills.
- *Injury Prevention* – A first aid course was held.

HEALTHY CHILDREN INITIATIVE

- *Playground/Nobody's Perfect (Ka'agee Tu First Nation)*

"The conference (Northern Women/Well-Being Conference) was useful and informative."
– Community Mental Health/Brighter Futures

"Participants (of the community wellness workshop) enjoyed learning about self-worth and working towards wellness."
– Community Mental Health/Brighter Futures

Fort Simpson

BRIGHTER FUTURES

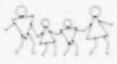
Liidlii Kue First Nation

- *A program coordinator was hired.*
- *Community Mental Health* – The following activities were funded: Slavey Camp, National Addictions Awareness Week activities, National Aboriginal Day celebrations and a drumming program.
- *Child Development* – In addition to supporting the local Education Council, funds were used for a summer camp program, a career symposium and youth workshops.

CANADA PRENATAL NUTRITION PROGRAM (FNIC/HPPB)

- *Sa Naeah Prenatal Program (Liidlii Kue First Nation)* – The program focused on increasing awareness of prenatal risk factors and identifying local supports and resources. It also worked with local businesses to promote and provide nutritious food. Elements of the program included lifestyle and nutrition counselling; referrals to and from appropriate health and social agencies; and cooking/nutrition sessions emphasizing traditional foods. Other activities were offered such as Well Baby days at the public health unit, featuring guest speakers; support, information and nutritious snacks at weekly prenatal clinics; home visits; and food supplements.

COMMUNITY ACTION PROGRAM FOR CHILDREN



- *Open Doors Society Family Resource Centre (Open Doors Society Family Resource Centre)* – The Open Doors Society provides programs and services to children, parents and caregivers. Its major goal is to assist in the positive development of children 12 years and under. The board of the Society is comprised of local agencies and members of the public who are all interested in the growth and development of the community's children.

COMMUNITY ANIMATION PROGRAM

- *Recycling Program Feasibility Study (Deh Cho Society Friendship Centre)* – A feasibility study was conducted for a recycling program in Fort Simpson.

HEALTHY CHILDREN INITIATIVE

- *Sa Naeah Prenatal Nutrition Program (Liidlii Kue First Nation)*
- *Preschool Program (Melaw Community Childcare Society)*
- *Family Support (Open Doors Society)*
- *Language Enhancement (Open Doors Society)*
- *Science in a Crate (John Tetso Memorial Library)*
- *Travel Assistance to Conference (Open Doors Society)*

Nahanni Butte

BRIGHTER FUTURES

No information available

HEALTHY CHILDREN INITIATIVE

- *Drop In/Baby Kits/Preschool Kits (Nahanni Butte Dene Band)*

HEALTH PROMOTION FUND

- *School Breakfast Program (Charles Yohin School)*

Trout Lake

BRIGHTER FUTURES

Sambaa K'e Dene Band

- *Community Mental Health* – A traditional healer visited the community and several workshops were held on topics such as community empowerment and family dynamics.
- *Child Development* – Ten students participated at summer camp that taught traditional skills.
- *Injury Prevention* – Part of the summer camp program included gun safety, boat safety and general injury prevention skills.
- *Parenting* – A parenting workshop was held.

HEALTHY CHILDREN INITIATIVE

- *Drop In/Baby Kits/Playground Equipment (Sambaa K'e Dene Band)*

HEALTH PROMOTION FUND

- *First Aid course, a dance and yoga program and a healthy eating project in the school (Sambaa K'e Dene Band)*

Wrigley

BRIGHTER FUTURES

Pehdzeh Ki First Nation

- *Funding was used to advertise for the Wellness Coordinator position.*
- *Community Mental Health* – An alcohol and drug worker provided community wellness services, such as setting up a Wellness Committee and a facilitator ran a healing workshop. An awareness campaign was conducted during National Awareness Addictions Week.
- *Child Development* – Two students and chaperones attended a youth empowerment conference in Winnipeg. Two experienced hunters and a coordinator organized a one week youth cultural camp for five participants.

HEALTHY CHILDREN INITIATIVE

- *Preschool/Baby Kits/Cultural Program (Pehdzeh Ki First Nation)*

"Youth were able to tour science facilities, museums and other educational places (in Winnipeg). They enjoyed themselves very much."
– Child Development/Brighter Futures

"They learned bush survival skills and traditional activities (youth cultural camp)."
– Child Development/Brighter Futures

Dogrib Treaty 11

Community Wellness in Action 1999-2000

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Dogrib Treaty 11

Community Wellness in Action 1999-2000

The region denoted on this map is for information purposes only and does not represent official land claim or treaty areas.

Rae Edzo

BRIGHTER FUTURES

Dogrib Rae Band

A Social Development Coordinator was hired full-time to coordinate the band's programs.

- *Child Development* – The St. Michael's Recreation Committee provided an after school program three evenings a week for children 12 and under. The program consistently hosted 25 to 40 children, offering a safe, supervised place to play games, watch movies, play on a computer and have nutritious snacks. The school gym was often used and a field trip to Yellowknife was offered once a month to go swimming or bowling.

  Funding was also used to support a school snack program, the Canada Prenatal Nutrition Program, several youth sports teams and planning meetings for an early childhood intervention program. Several students also participated in a traditional canoe trip from Rae to Rae Lakes.

- *Injury Prevention* – A car seat loan program was funded. Regular clinics loaned out 40 car seats and 14 residents were trained to install car seats correctly.

- *Community Mental Health* – Wellness and healing workshops were offered throughout the year and the Tli Cho Men's Support Group held a Personal Growth and Healing Workshop on the land. Eight members of the local Justice Committee attended a conference in Yellowknife and several regional gatherings were held to show respect for elders who had passed away. Support was also provided to the Dogrib Bible Translation project, youth camps and the local Disability Committee.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

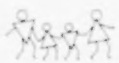
- *Rae Edzo Prenatal Nutrition Program (Dogrib Rae Band)* – Thirty-four weekly cooking classes were offered for up to seven women. Nutrition information was provided one-on-one or as a group, and nutrition assessments and home visits were occasionally conducted. Childcare, food supplements and food vouchers were provided.

ABORIGINAL HEAD START

- *Rae Edzo Aboriginal Head Start (Dogrib Community Services Board)* – Approximately 40 children, aged three and four, participated in cultural based activities that provided a holistic learning experience that strengthened their readiness for kindergarten. Parents were involved on an advisory board.

Rae Edzo

COMMUNITY ACTION PROGRAM FOR CHILDREN



- *Gameti Early Intervention (Dogrib Divisional Board of Education Peer Support Advisory Committee)* – Serving approximately 12 three to four year olds, this program helped children prepare for the school system by promoting social, emotional, verbal, intellectual and physical well-being through culturally appropriate activities. The program worked in partnership between the Gameti First Nation, the local Education Authority, Jean Wetrade Elementary School, Rae Lakes Health Centre and the Dogrib Community Services Board.

HEALTHY CHILDREN INITIATIVE

- *Community Early Childhood Program (Dogrib Community Services Board)*

HEALTH PROMOTION FUND

- *After School Recreation Program (St. Michael's School)*
- *Injury Prevention Course, including CPR and first aid (Dogrib Rae Band)*

This project (the Dogrib Bible Translation) is important to the process of reclaiming our culture."

– Community Mental Health/ Brighter Futures

Rae Lakes (Gameti)

BRIGHTER FUTURES

Gameti First Nation

- *Community Mental Health* – Several workshops were held on grieving, traditional healing and wellness. A spiritual gathering was held and all members of the community got involved in Family Days celebrations to promote unity.
- *Solvent Abuse Prevention* – A Youth Coordinator was hired to provide prevention programs for children. One of those programs included an anti-drug workshop which was hosted by the Harlem Comedy Kings.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Gameti Prenatal Nutrition Program (Gameti First Nation)* – In its first year of operation, the program offered three cooking classes and one separate education class. Food baskets with recipes and ingredients were distributed to participants.

HEALTHY CHILDREN INITIATIVE

- *Community Early Childhood Program (Dogrib Community Services Board)*

"The youth were presented with healthy alternatives to crime and substance abuse."
– Community Mental Health/Brighter Futures

Wekweti (Snare Lake)

BRIGHTER FUTURES

Dechi Laot'i First Nation

- *Childhood Development* – The band and the local school shared costs to send students to the Dream Catchers Conference in Edmonton.
- *Community Mental Health* – A spiritual and traditional healing workshop was held.
- *Parenting* – A parenting workshop was held.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Dechi Laot'i Prenatal Nutrition Program (Dechi Laot'i First Nation)* – Weekly cooking classes and nutrition information were offered to six women. A program coordinator, nurse/health centre staff and a cooking instructor/cook assisted with the program.

HEALTHY CHILDREN INITIATIVE

- *Community Early Childhood Program (Dogrib Community Services Board)*

"(The parenting workshop) was beneficial to our community." Parenting/Brighter Futures

Wha Ti

BRIGHTER FUTURES

Wha Ti First Nation

- *Child Development* – Support was provided to the local Girl Guides, a boys' hockey team and a joint initiative with the school to bring the Harlem Comedy Kings to the community.
- *Community Mental Health* – Several workshops were offered on the topics of alcohol and drugs, spiritual healing, grieving and community wellness. Examples include a spiritual pilgrimage to Lac Ste. Anne and another gathering in Deline. Family Days celebrations were also held, which promote unity and cultural heritage within the community.
- *Solvent Abuse Prevention* – Alcohol and drug prevention workshops were held throughout the year. Separate support groups for men and women recovering from substance abuse were also organized.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Wha Ti Prenatal Nutrition Program (Wha Ti First Nation)* – Four weekly cooking classes were offered to approximately eight women and a separate education session was offered, with five women attending. Nutrition information was provided during the classes and nutrition assessments were occasionally conducted by the nurse/health centre staff. Food vouchers were also provided and a community feast was organized.

HEALTHY CHILDREN INITIATIVE

- *Community Early Childhood Program (Dogrib Community Services Board)*

Gwich'in

Community Wellness in Action 1999-2000

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Aklavik

BRIGHTER FUTURES

Aklavik Indian Band

- *Program Coordinator and Youth Coordinator* were hired.
- *Child Development* – Several programs were organized: a youth conference, a committee to develop activities for children in the community and a cultural excursion to Whitehorse. A school youth advisor was also hired to offer stability, assistance and much needed support in large classrooms.
- *Community Mental Health* – A Child Cultural Development program showed students how to live on the land safely. As well, a suicide prevention workshop was held, with 20 students and five elders participating.
- *Solvent Abuse Prevention* – A solvent abuse prevention workshop was held.
- *Injury Prevention* – A safety awareness contest was held, with students from kindergarten to Grade 9 participating.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Healthy Babies of the Future (Inuvialuit Regional Corporation and Aklavik Indian Band)* – Forty-two weekly cooking classes were offered for up to 10 women, along with two separate education classes. Childcare, transportation, food supplements, food vouchers and baby hampers were also provided.

HEALTHY CHILDREN INITIATIVE

(These programs were joint initiatives in both the Gwich'in and the Inuvialuit Regions.)

- *Snack Program (Inuvialuit Regional Corporation)*
- *Preschool Expansion (Inuvialuit Regional Corporation)*
- *Parenting Workshop (Ehdiitat Gwich'in Band Council)*

"They enjoyed themselves very much and it (cultural excursion to Whitehorse) was a learning experience."
– Child Development/Brighter Futures

"It was a success and the students are interested in future workshops."
– Solvent Abuse Prevention/Brighter Futures

Fort McPherson

BRIGHTER FUTURES

Tetlit Gwich'in Council

- *Child Development* – A Community Intervention Program was offered to empower at-risk youth to seek out skills for work experience. Twenty-five participants worked in five placements around the community. A variety of recreation and sports activities were also offered for young people, including an on the land program. Two youth advisors were hired to assist in the classroom.
- *Community Mental Health* – Traditional healing and counselling sessions were held every Friday night, offering one-on-one counselling, as well as recreational activities. A Women and Wellness Wilderness Camp was also held, with 10 women participating. Issues specific to women were discussed and team building skills were emphasized.
- *Parenting* – A parenting workshop, which emphasized the use of traditional knowledge and skills, was held.
- *Solvent Abuse Prevention* – Special activities were planned to celebrate National Addictions Awareness Week.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Fort McPherson Prenatal Nutrition Program (Tetlit Gwich'in Council Wellness Committee)* – Up to 12 women participated in 10 cooking classes. Separate education sessions and nutrition assessments were offered, in addition to food supplements, childcare and transportation. Sewing circles were also organized.

Fort McPherson

ABORIGINAL HEAD START

- *Tetlit Zheh Child Centre, Fort McPherson (Tl'oondih Healing Society)* – Sixteen children, three to five years of age, attended the centre three hours a day, five days a week. A Gwich'in language teacher provided instruction to the children and the staff team planned cultural activities. Emphasis is placed on addressing the special needs of those attending and on building program links with Chief Julius School. A daily snack program was offered, which met nutritional standards while emphasizing traditional country food. Parents were involved in a parent advisory group and assisted, where possible, in daily program activities.

HEALTHY CHILDREN INITIATIVE

- *Preschool Program: April - June (District Education Authority)*
- *Preschool Program: September - March (District Education Authority)*
- *Student Advisor: Kindergarten Class (District Education Authority)*

"A variety of recreation and sports activities were run for youth, in an effort to help kids stay involved in the community."
– Child Development/Brighter Futures

"A team of local early childhood educators consulted with parents about the daily activities."
– Tetlit Zheh Child Centre, Fort McPherson/Aboriginal Head Start

Inuvik

BRIGHTER FUTURES

Inuvik Native Band

- *Child Development* – Funding was used to support programs offering educational and organized opportunities for recreation and sports. They included supporting the youth centre, a summer day camp, a recreation and culture program and the Mad Science program at the school. Tutoring for high risk kids was also funded.
- *Injury Prevention* – Safe Kids program.

CANADA PRENATAL NUTRITION PROGRAM (FNIC/HPPB)

- *Healthy Babies (Ingamo Hall Friendship Centre, Inuvialuit Regional Corporation and Inuvik Native Band)* – Twenty-six weekly cooking classes were offered, as well as 39 separate education sessions. Nutrition information, food supplements and childcare were provided and home visits were conducted. Sewing circles, an open house, ladies' nights and birthday celebrations were also organized.

HEALTHY CHILDREN INITIATIVE

(These programs were joint initiatives in both the Gwich'in and the Inuvialuit Regions.)

- *Early Intervention*

HEALTH PROMOTION FUND

(These programs were joint initiatives in both the Gwich'in and the Inuvialuit Regions.)

- *Workshop for caregivers of children with FAS/FAE (FAS Action Inuvik)*
- *Fluoride varnish program for children (Inuvik Regional Health and Social Services Board)*

Tsiigehtchic

BRIGHTER FUTURES

Tsiigehtchic Charter Community

- *Community Mental Health* – The community tried to hire a mental health worker, but could not find a qualified person for the position. Alternatively, opportunities for youth were created, including courses on Trapper Training, Land Skills and Traditional Sewing. A workshop was also held on planning and time management, conflict resolution, and relationship building in the workplace.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Gwichya Gwich'in Pre & Postnatal Programs (Gwichya Gwich'in Band Council)* – Six cooking classes were offered twice weekly, with up to six women participating. Nutrition information was provided during the classes and childcare was also available.

HEALTHY CHILDREN INITIATIVE

- *Day Care Equipment (Gwichya Gwich'in Band)*

"These skills can be used as income support and a way of passing on culture and traditional values."
– Community Mental Health/Brighter Futures

Inuvialuit

Community Wellness in Action 1999-2000

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Inuvialuit

Community Wellness in Action 1999-2000

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Aklavik

BRIGHTER FUTURES

Aklavik Community Corporation

- *An Ikayukti (community helper) was hired to look after office duties for the program.*
- *Child Development* – A Recreation Youth Cordinator was hired full-time to offer 10 hours a week of organized activities for specific age groups. A Youth Advisor Program helped students with support for their academic and personal lives. A college tour was organized to expose students to post secondary opportunities and participants also attended the Dream Catchers Conference in Edmonton.

  In addition to an after school music program, Super Soccer was once again offered in May. Along with athletic skills and the responsibility of fundraising, students learn self-discipline regarding soccer practice and experience associating with other students in a positive, competitive atmosphere. A hockey instructor was brought up from Red Deer, Alberta for a hockey clinic. Funds were also used to support the local minor hockey organization and to promote youth tournaments.
- *Community Mental Health* – A Culture and Traditional Camp was held to teach youth how to live off the land and to help them reclaim their heritage.
- *Solvent Abuse Prevention* – The hockey instructor from Red Deer gave a workshop on staying in school, and keeping drug and alcohol free. The Moose Kerr School held a DARE program to give students the courage to "say no" to drugs and alcohol.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Healthy Babies of the Future (Aklavik Community Corporation and Aklavik Indian Band)* – Forty-two weekly cooking classes were offered for up to 10 women, along with two separate education classes. Childcare, transportation, food supplements, food vouchers and baby hampers were also provided.

HEALTHY CHILDREN INITIATIVE

(These programs were joint initiatives in both the Gwich'in and the Inuvialuit Regions.)

- *Snack Program (Aklavik Community Corporation)*
- *Preschool Expansion (Aklavik Community Corporation)*
- *Parenting Workshop (Ehdiitat Gwich'in Band Council)*

"The long-term impact of this program (Youth Advisor) will help create well-rounded, lifelong leaders."
– Child Development/Brighter Futures

"Students were able to see the traditions and interests of other aboriginal students across Canada."
– Child Development/Brighter Futures

Holman

BRIGHTER FUTURES

Holman Community Corporation

- *An Ikayukti (community helper)* coordinated all wellness initiatives, as well as youth and elder programs.
- *Child Development* – A variety of programs were offered to promote youth recreation, athletics and entertainment. They included a drop-in program, an empowerment workshop, sponsorship of a girls volleyball team and boys' minor hockey, as well as arts and crafts programs. Strings Across the Sky was supported with an after school program and for a fiddling performance. Funding was also used for the Nanuk Says Program, which enhances and stimulates Inuvialuit language development, and promotes culture through a local television program.
- *Community Mental Health* – Several arts and crafts programs were supported, including carving, print making and traditional sewing. Ten traditional drum dance performers were sponsored to participate in the Kugluktuk Nattiq Frolics. An Elders' Healing and Grieving Workshop was also held, and a coordinator was hired to support elder community involvement.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Holman Prenatal Nutrition Program (Hamlet of Holman)* – Thirteen weekly cooking classes/groups were offered, which included nutrition information. Food vouchers were distributed and a community feast was organized.

HEALTHY CHILDREN INITIATIVE

- *Community Project (Hamlet of Holman)*

"This event (trip to Kugluktuk) provided encouragement for youth to keep the traditional dances alive and preserve part of our culture."
– Community Mental Health/Brighter Futures

Inuvik

BRIGHTER FUTURES

Inuvik Community Corporation

- *Child Development* – Organized recreation and sports programs were offered, including summer day camp, Super Soccer, volleyball, speed skating, hockey, basketball and skiing. Several educational and vocational programs were also funded, which included a school breakfast program, a Visions & Dreams workshop, a drop-in centre, Junior Rangers, a science fair, a leadership conference, an after school library program and a career fair. Early childhood development programs that ran included a toy lending library, a High Risk Kids workshop and the Nanuk Says language program.
- *Community Mental Health* – Several programs were offered to bring elders and young people together to participate in traditional activities. They included drum dancing, drum making, traditional jigging and square dancing, winter camping, a cultural festival, traditional sewing, and hunting and trapping. Critical Incident Stress Debriefing was also sponsored.
- *Injury Prevention* – A safehouse and shelter were sponsored to help ensure individuals had a safe warm place to stay. Funding was also used on a Safe Kids Week campaign.

CANADA PRENATAL NUTRITION PROGRAM (FNIC/HPPB)

- *Healthy Babies (Ingamo Hall Friendship Centre, Inuvik Community Corporation and Inuvik Native Band)* – Twenty-six weekly cooking classes were offered, as well as 39 separate education sessions. Nutrition information, food supplements and childcare were provided and home visits were conducted. Sewing circles, an open house, ladies' nights and birthday celebrations were also organized.

Inuvik

ABORIGINAL HEAD START

- *Isaksaqtuak Inuvialuktun Paulatumi Mikiyuayaat (Inuvialuit Social Development Program)* – This facility is licenced to serve 12 three to four year olds. The half-day program ran five days a week, providing an early childhood program based on the Inuvialuit language, culture and spirituality. A daily meal program was offered and the Hamlet van transported children to and from the program in the colder months. Extended programming provided a Saturday Parents Day Out and a monthly Nutrition Bingo. Materials and sewing space were also available for parents and elders.

HEALTHY CHILDREN INITIATIVE

(These programs were joint initiatives in both the Gwich'in and the Inuvialuit Regions.)

- *Early Intervention*

HEALTH PROMOTION FUND

(These programs were joint initiatives in both the Gwich'in and the Inuvialuit Regions.)

- *Workshop for caregivers of children with FAS/FAE (FAS Action Inuvik)*
- *Fluoride varnish program for children (Inuvik Regional Health and Social Services Board)*

"Reclaiming our traditions and passing our culture down to the younger generation are priorities for our community. This helps build self esteem and self confidence."
– Community Mental Health Brighter Futures

"Materials and sewing space are available for parents and elders. This supports the traditional sewing and helps ensure children have adequate clothing for the harsh winter."
– Isaksaqtuak Inuvialuktun Paulatumi Mikiyuayaat Aboriginal Head Start

Paulatuk

BRIGHTER FUTURES

Paulatuk Community Corporation

- *An Ikayukti (community helper)* coordinated all wellness initiatives, as well as the youth and elder programs.
- *Child Development* – Funding supported a variety of initiatives, including a school breakfast program, a youth choir, minor hockey, a Mad Science Fair and an HIV/AIDS awareness workshop.
- *Community Mental Health* – Several programs were run to engage elders in the community, including feasts, general town meetings and recreation events.
- *Solvent Abuse Prevention* – The community put on a Sobriety Walk to raise awareness about addictions. It was attended by about 130 people.
- *Injury Prevention* – A CB radio was purchased for elders who have problems contacting the health centre.

HEALTHY CHILDREN INITIATIVE

- *Kindergarten Computer (District Education Authority)*
- *Parents Day Out (Inuvialuit Regional Corporation)*
- *Playground Installation (District Education Authority)*
- *Nutrition Program (Inuvialuit Regional Corporation)*

"The school sees a vast improvement in attendance, increased student attention span, and the breakfast program is a great incentive for children to arrive at school early."
– Child Development/Brighter Futures

Sachs Harbour

BRIGHTER FUTURES

Sachs Community Corporation

- *Child Development* – A full day of science related events and activities was provided in a camp setting by a group from Montreal. An evening Cultural Inclusion Program, partly sponsored by the local school, was provided to promote instruction and use of the Inuvialuit language. A range of sports activities were also provided for youth, including a summer swim camp.
- *Community Mental Health* – Community programs were offered to promote aboriginal heritage, including traditional sewing classes and a traditional feast. Entertainment and recreation programs were offered to the whole community for Christmas and Canada Day celebrations, as well as the White Fox Jamboree.

HEALTHY CHILDREN INITIATIVE

- *Child Development Centre Materials (Inuvialuit Regional Corporation)*

"These activities lift our spirits and promote social cohesion in our community."
– Community Mental Health/Brighter Futures

Tuktoyaktuk

BRIGHTER FUTURES

Tuktoyaktuk Community Corporation

- *An Ikayukti (community helper)* coordinated all wellness initiatives, as well as the youth and elder programs.
- *Child Development* – Additional fundraising activities contributed to expenses. One student attended the Strings Across the Sky program.

  Other initiatives supported include a school breakfast program, a school drama club, a Kiddie Carnival, a hockey camp for kids and the Inuvialuit children's program called Nanuk Says. Three youth also participated in the Arctic Sports Program and a hockey club competed with Old Timers and Senior Men's teams. A Recreation Assistant was also hired to help deliver local events and programs for children, including sports and entertainment.
- *Community Mental Health* – An on the land program for elders was held to promote aboriginal heritage and the International Year of the Older Person. The Tuk Elders Committee provided monthly elders luncheons to promote social support and an Elder Abuse Workshop was also held. Four youth and a chaperone attended the Kehewin Pow-Wow in Edmonton, which focuses on building self-esteem and cultural pride.

  A traditional sewing program was offered to young girls and several groups made traditional clothing. Elders taught traditional skills to youth at an on the land program and the Akulliq Justice Committee hired a coordinator to work with the RCMP on crime prevention. Several people attended a conference on domestic violence prevention in Vancouver.
- *Solvent Abuse Prevention* – Healing workshop training was provided to the local addictions counsellor.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Tuktoyaktuk Prenatal Nutrition Program (Inuvialuit Regional Corporation)* – Approximately 44 weekly cooking classes were offered, with up to 11 women attending each class. Group nutrition education was provided, along with childcare, food supplements and transportation. A community feast was also organized.

HEALTHY CHILDREN INITIATIVE

- *Snack Program (Inuvialuit Regional Corporation)*
- *Child Development Centre Expansion (Inuvialuit Regional Corporation)*
- *Kindergarten Materials (District Education Authority)*

"(Young girls') sewing groups were well attended."
Community Mental Health/Brighter Futures

Sahtu

Community Wellness in Action 1999-2000

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Sahtu

Community Wellness in Action 1999-2000

Colville Lake

BRIGHTER FUTURES

Behdzi Ahda First Nation

- *Child Development* – The school ran a variety of projects including a snack program, sports activities and recreation programs which included traditional hand games and a Youth Experience program.
- *Community Mental Health* – Grieving workshop.
- *Parenting* – Parenting workshop.

HEALTHY CHILDREN INITIATIVE

- *Community Project*

Deline

BRIGHTER FUTURES

Deline Dene Band

- *Child Development* – This project was focused on youth, supporting recreation and sports programs that included camping and a canoe trip. It also provided opportunities to build self-esteem and leadership skills through the Dream Catchers Conference. A Program Support Teacher and Youth Worker were also hired.
- *Community Mental Health* – The community was brought together through a spiritual gathering.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Deline Prenatal Nutrition Program (Deline Dene Band)* – Four bi-weekly cooking classes were offered, as well as two education sessions. Nutrition information was provided on a one-to-one basis and childcare, food supplements and food vouchers were also made available.

HEALTHY CHILDREN INITIATIVE

- *Parenting Skills Training (Deline Dene Band)*

Fort Good Hope

BRIGHTER FUTURES

K'asho Gotine Dene Community Council

- *Child Development* – A Youth Action Program supported school initiatives such as a breakfast program, a kindergarten preparation program, aboriginal teachers, special needs workers, a Beavers program, a baseball camp and gymnasium equipment.
- *Community Mental Health* – Programs included suicide prevention training and a couples retreat. Alcohol and drug prevention was addressed and trapper training was offered to pass on traditional skills.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Fort Good Hope Prenatal Nutrition Program (Fort Good Hope Dene Community Council)* – Thirteen cooking classes were provided for up to 15 women, which included nutrition information and counselling. Separate education sessions and home visits were also provided, along with food supplements and food vouchers. A potluck dinner was organized for participants.

HEALTHY CHILDREN INITIATIVE

- *Snacks and Materials (Fort Good Hope Day Care)*
- *Prenatal Nutrition (K'asho Gotine Dene Community Council)*

HEALTH PROMOTION FUND

- *Youth community presentations on HIV, Hepatitis C and suicide prevention (K'asho Gotine Dene Community Council)*

Tulita

BRIGHTER FUTURES

Tulita Dene Band

- *Child Development* – Sport and recreation programs were offered for youth, including track and field, softball and a music workshop. Funds were also used to hire a youth worker.
- *Community Mental Health* – Community members were sponsored to participate in the spiritual gathering and a healing and grieving program held in Wha Ti.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Tulita Prenatal Nutrition Program (Tulita Wellness Agency)* – Two cooking classes were offered, which included information on nutrition. Home visits were conducted and a community feast was organized.

HEALTHY CHILDREN INITIATIVE

- *Health Care Assistant (District Education Authority)*
- *Equipment (Tulita Child Day Care Program)*

HEALTH PROMOTION FUND

- *Summer Day Camp Program for children (Hamlet of Tulita)*
- *Two youth workers ran tobacco reduction programs at the youth centre (Tulita Wellness Agency)*

"Cultural programs such as traditional sewing were also important to our community."
– Community Mental Health/Brighter Futures

Treaty 8

Community Wellness in Action 1999-2000

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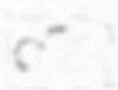
Tulita

BRIGHTER FUTURES

CANADA PRENATAL NUTRITION PROGRAM (CPNP)

HEALTHY CHILDREN INITIATIVE



HEALTH PROMOTION FUND

Treaty 8

Fort Resolution

BRIGHTER FUTURES

Deninu K'ue First Nation

- *A Wellness Coord[illegible]ntor* was hired.
- *Community Mental Health* – Several projects were undertaken to bring the community together and increase awareness of family issues: a program to introduce the community to a variety of self-help groups; International Day of Families celebrations; a women's march to increase awareness of violence against women, followed by a course on communication and assertiveness; and a Much Music party for students to celebrate year-end and encourage further participation in school.
- *Solvent Abuse Prevention* – Alcohol and drug prevention workshops were held for target groups, and promoted substance abuse prevention during National Addictions Awareness Week.

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- Funding was used for training and to purchase materials and equipment to initiate a program this year

HEALTHY CHILDREN INITIATIVE

- *Childcare Initiatives Program (Deninu K'ue First Nation)*

Fort Smith

BRIGHTER FUTURES

Salt River First Nation

- *A Program Manager was hired.*
- *Child Development - Salt River* – An early intervention program was supported, in conjunction with funds from Aboriginal Head Start (AHS). A Culture and Language workshop was held for staff of the AHS programs. Students were assisted to attend a soccer tournament in Yellowknife.
- *Community Mental Health* – Participated in Aboriginal Day celebrations and sponsored a pilgrimage to Lac Ste. Anne, which is an annual event for healing and grieving.
- *Solvent Abuse Prevention* – An FAS/FAE Train the Trainer workshop was held, with 18 participants receiving certificates. It was an excellent workshop as it provided firsthand information and insight into the issue.

CANADA PRENATAL NUTRITION PROGRAM (FNIC/HPPB)

- *Our Babies, Our Future (Salt River First Nation 195 and Fort Smith Health Centre)* – This jointly sponsored program was designed to improve the health of mothers and infants by promoting good nutrition and breastfeeding. Forty-four weekly cooking classes and separate education sessions/activities were offered, with three to four women attending each class. Nutrition assessments and home visits were also conducted. Food supplements, childcare and transportation were provided. In addition, sewing circles, a clothing exchange, a resource library and holiday/special event parties were also organized.

ABORIGINAL HEAD START

- *Salt River Aboriginal Head Start (Salt River First Nation 195)* – A pre-school program was provided for 16 children from three to five years of age. A snack program emphasized traditional foods. Parents and elders were active in the program, assisting with cultural events, arts and crafts and outings on the land.

"Participants say they now have a better understanding and are able to provide more support to parents and children."
– Solvent Abuse Prevention Brighter Futures

"Parents actively volunteer in the program and have opportunities to participate in workshops."
– Salt River Aboriginal Head Start

HEALTHY CHILDREN INITIATIVE

- *Community Family Therapist (Fort Smith Metis Nation Local 50)*
- *Our Kids, Our Future (Salt River First Nation 195)*
- *Preschool Literacy Project (Salt River First Nation 196) should it be 195??*

HEALTH PROMOTION FUND

- *Weekly fluoride rinse program (Fort Smith Health and Social Services Board)*
- *A Train the Trainer (Salt River First Nation) – Program was held to educate in the area of FAS/FAE and a physical fitness program was started for pre and postnatal moms.*

Hay River

BRIGHTER FUTURES

West Point First Nation

- *Community Mental Health - West Point* - Sewing classes were offered weekly in the evenings, with 15 to 20 youth, adult and elder participants. One elder and a helper were hired to teach beadwork.

CANADA PRENATAL NUTRITION PROGRAM (FNIC/HPPB)

- *(West Point First Nation)* - Funding was provided for food supplements and transportation for two women to attend two training workshops in Yellowknife
- *Growing Together (Hay River Metis Nation Local 51)* - This project was a joint initiative for the communities of Hay River, Hay River Reserve, West Point and Enterprise. The program focused on prenatal education and awareness. Other issues which were addressed include budgeting and cooking skills, infant nutrition, physical and mental abuse, high risk pregnancies, infant care, parenting and breastfeeding.

COMMUNITY ACTION PROGRAM FOR CHILDREN

- *Children's Advocate/Youth Counselling Program (Women's Resource Centre)* - The Women's Resource Centre offered services and safety to women and children dealing with domestic violence situations. Childcare workers provided counselling services to children and parenting skills were offered twice a week. Other services that were offered include family violence education and awareness, direct intervention, counselling and life skills training.
- *Promoting Healthy Children Through Family Well-Being (Dene Cultural Institute)* - Mobile healing workshops were offered to Dene communities in the NWT. The workshops were experiential, participant-driven and culturally appropriate. Some of the issues addressed included parenting skills, FAS/FAE communication skills, spousal abuse, sexual abuse, grieving and relationships.

HEALTHY CHILDREN INITIATIVE

- *Child Development Centre (Hay River Early Childhood Coalition)*
- *Early Intervention Spaces (Hay River Playschool)*
- *Pre-Postnatal Program (Hay River Metis Local 51)*
- *Parents and Tots Program (Hay River Metis Local 51)*
- *Get Set to Learn Bag (Hay River Early Childhood Coalition)*
- *Young Children & Their Parents (Enterprise Settlement Corporation)*

HEALTH PROMOTION FUND

- *Prenatal education project (Hay River Health and Social Services Board)*
- *Snack Program for children (Polly's Place)*
- *Promotion of healthy eating and care of teeth for young children (Hay River Dental Clinic)*

"Our sewing classes were very successful. It was a learning experience for all who attended."
- Community Mental Health/Brighter Futures

"The promotion of health and development within the context of community healing is the vision which directs the program."
- Promoting Healthy Children Through Family Well-Being/ Community Action Program for Children (CAPC)

Lutsel K'e

BRIGHTER FUTURES

Lutsel'ke Health and Social Services Board

- *No information provided*

CANADA PRENATAL NUTRITION PROGRAM (FNIC)

- *Lutsel K'e Prenatal Nutrition Program (Lutsel K'e Health and Social Services Board)* – Twenty weekly cooking classes and home visits were offered to eight women. Nutrition information, as well as food supplements, food vouchers and transportation were also provided.

HEALTHY CHILDREN INITIATIVE

- *Travel Assistance to ECE Workshop (Lutsel K'e Dene Band)*
- *Tinkering Tots Program (Lutsel K'e Dene Band)*

HEALTH PROMOTION FUND

- *Funds were used for a school breakfast program, a workshop on FAS/FAE prevention and to educate children on dental health (Lutsel K'e Health and Social Services Board)*

Yellowknife

Community Wellness in Action 1999-2000

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Yellowknife

Ndilo and Dettah

BRIGHTER FUTURES

Yellowknives Dene First Nation

- *Manager - Wellness Coordinator/Community Social Worker - Youth and Family Counsellor* – Support was given to a program that funded a Manager, a Wellness Coordinator/Community Social Worker, and a Youth and Family Counsellor. These staff members ran a youth camp, distributed donated bread, provided counselling and mental health support, and offered early childhood development activities. A resource library on parenting was developed and maintained.

CANADA PRENATAL NUTRITION PROGRAM (FNIC/HPPB)

- *Feeding Our Dreams (Yellowknives Dene First Nation - Ndilo/Dettah)* – Twelve cooking classes were offered for one month, three times a week. Nutrition information was provided, as well as healthy snacks and transportation for participants.
- *Healthy Baby Club (Yellowknife Women's Centre)* – This program addresses the nutritional needs of high-risk pregnant women. Knowledge and skill development were offered in the areas of food budgeting, shopping, menu planning and meal preparation. Other issues addressed included pre/postnatal care, labour and delivery, breastfeeding, nutrition, alcohol and drug abuse, and smoking. The project emphasized child/parent bonding and parenting skills, and also provided a food supplement component.

ABORIGINAL HEAD START

- *Dene Necha-lia Gha Enitl'e Ko (Yellowknives Dene First Nation - N'dilo)* – Early intervention pre-kindergarten program for First Nations, Metis and Inuit children and their families. The program provided 32 children with a morning or afternoon session which included components in education, health and nutrition, parent and family involvement, Dogrib language and Dene culture. There were also monthly Parent Advisory Circle meetings and a Dene culture camp experience with elders.

AIDS COMMUNITY ACTION PROGRAM

- *Building Community Networks: Phase II/Outreach Program (AIDS Yellowknife)* – Education and training of staff, volunteers and target audiences to provide awareness, support and services as per the mandate of AIDS Yellowknife.

Yellowknife

Ndilo and Dettah

COMMUNITY ACTION PROGRAM FOR CHILDREN

- *Toy Lending Library (Yellowknife Catholic Schools)* – Focusing on children from birth to six years of age, this program provided a drop-in play centre, a toy lending program and workshops for parents. Families had the opportunity to gain support from one another, as well as from staff. Children had the opportunity to play with other children of varying ages and abilities in an educational and safe environment.
- *Support for Families With FAS/FAE (Yellowknife Association for Community Living)* – This program promoted the health and well-being of families raising children affected by the developmental disabilities associated with Fetal Alcohol Syndrome and Fetal Alcohol Effects. Audio visual materials and other resources were developed to promote prevention and support families.

COMMUNITY ANIMATION PROGRAM

- *Capacity Building of Health and Environmental Agencies for Fort Simpson, Fort Smith, Hay River, Inuvik and Norman Wells (Storefront for Voluntary Agencies)* – The goal of this project was to build the capacity of voluntary agencies in five communities to direct their own futures and become more effective in addressing community identified health and environmental issues. Project activities in each community included a training needs assessment, development of a learning plan, preparation of teaching materials and one week of training.
- *Community Kitchen for Kids - Part 2 (Weledeh Catholic School)* – This was an eight week course offered six times during the school year to 10 students at a time. The course provided information on basic nutrition, environmentally sound consumer choices and cost effective meal preparation.
- *Environmenal Education Activities Needs Assessment & Action Plan (Ecology North)* – A needs assessment was conducted in Yellowknife, Wha Ti, Lutsel K'e, Wekweti, Re Lakes and Hay River. The assessment results were then used to create an action plan to address issues related to health and the environment.

HEPATITIS C

- *Hepatitis C NWT (Canadian Mental Health Association)* – Existing and new volunteers were trained in Hepatitis C issues pertaining to education and prevention with special focus on the complex Hepatitis C presence in the North. A series of public service announcements were also produced and distributed to three radio stations in the NWT.

Yellowknife

POPULATION HEALTH FUND

- *Youth Reduction Tobacco Strategy Project - Phase 1 (Canadian Public Health Association, NWT Branch)* – Working with youth 10 - 18 years of age, this project aimed at creating a tobacco cessation pilot program for the NWT. There were three components to the project: Tobacco Cessation Program Scan, Youth Cessation Workshops and a "Smoke Free" Homes Campaign.

HEALTHY CHILDREN INITIATIVE

- *Early Intervention Program (NWT Council for Disabled)*
- *Parenting Program (Down the Block)*
- *4 Plus Program (Yellowknife Catholic Schools)*
- *Parenting Program (Yellowknife Association for Community Living)*
- *Focus – Parenting (YWCA)*
- *Training and Lending Library (Yellowknife Breastfeeding Support Group)*
- *Family Support Program (Yellowknife Women's Centre)*
- *Parent/Child Resource Centre (Yellowknives Dene First Nation)*

HEALTH PROMOTION FUND

- *BLAST (Building Leadership for Actions in Schools Today, Sir John Franklin School)* – Conference to make decisions about using tobacco
- *Trained natural helpers (AIDS Yellowknife)* – For a harm reduction program and hosted a condom distribution program
- *A Community kitchen for kids (Weledeh School)* – To provide information on cooking and nutrition
- *Sponsored a "Youth Activated and Coming Together" workshop (Yellowknife Women's Centre)*
- *Supported attendance of one person at a Safe Communities conference in Medicine Hat, Alberta (Yellowknife Safe Communities)*
- *School nutrition program (William McDonald School)*
- *Cooking program and reading circle for children (YWCA - Yellowknife)*
- *Produced a set of posters to promote tobacco cessation (Tobacco Action Yellowknife)*
- *Karate program for children (Zen Shin Karate Club)*

"The Healthy Babies Program served 40 women and 70 children over the past year. The coordinator and advisory committee – made up of members from other services in the community – work together making this a positive program."
–Healthy Baby Club/Canada Prenatal Nutrition Program (CPNP)

"Families have the opportunity to gain support from one another, as well as from staff, thereby increasing family health and well-being."
– Toy Lending Library/Community Action Program for Children (CAPC)

OTHER PROJECTS IN THE NWT

BRIGHTER FUTURES

- *Community Mental Health (Dene Cultural Institute)* – Eight participants working in the health field were sponsored to join the Special Assembly.
- *Injury prevention (Mildred Hall School)* – Counselling services were provided for students.
- *Injury Prevention (SEDNA Association)* – Funds were used to support the annual conference for shelter workers across the NWT.
- *Parenting (Yellowknife Foster Family Association)* – A territorial telephone help line for parents was sponsored.
- *Injury Prevention (Stanton Regional Health Board)* – Thirty playground safety kits were purchased and provided to individuals across the NWT who have been trained in playground safety inspection.

HEALTH PROMOTION FUND

- *Hosted a territorial gathering to raise awareness of HIV/AIDS and worked with peer educators at the Yellowknife Correctional Centre on HIV prevention (AIDS Yellowknife)*
- *Produced public service announcements for prevention of tobacco use (Yellowknife Health and Social Services Board)*
- *Funded promotion of the Western Arctic Help Line/HIV information line (Canadian Mental Health Association)*
- *Produced resources for foster children and their families. (Yellowknife Foster Family Association)*
- *Developed a publicity campaign and communications strategy for the prevention of FAS/FAE (Aboriginal Birth Families in Recovery)*
- *Hosted a Youth Conference (Native Women's Association of the NWT)*

Appendix A

Community Wellness in Action 1999-2000

For more information see the following websites:

HEALTH CANADA

Population and Public Health Branch www.hc-sc.gc.ca/healthpromotion

First Nations and Inuit Health Branch www.hc-sc.gc.ca/msb

DEPARTMENT OF HEALTH AND SOCIAL SERVICES, GOVERNMENT OF THE NORTHWEST TERRITORIES

www.hlthss.gov.nt.ca

www.brighterfuturesnt.net

DEPARTMENT OF EDUCATION, CULTURE AND EMPLOYMENT, GOVERNMENT OF THE NORTHWEST TERRITORIES

www.siksik.learnnet.nt.ca/
Search "Healthy Children Initiative"

Appendix B

Community Wellness in Action 1999-2000

EVALUATION FORM

We would like to ask for your feedback on this report. This will help shape future editions so that they can meet your needs. Please answer the following questions and add your own comments.

1. How useful is this report as a resource tool? (Circle one) 1 2 3 4 5
   (not useful) (very useful)

2. How would you describe the layout and overall appearance of the report? 1 2 3 4 5
   (not useful) (very useful)

3. Are the sections easy to understand? (Check Yes or No for each section)

   Introduction ❑ Yes ❑ No

   Comments: _____

   Financial Charts ❑ Yes ❑ No

   Comments: _____

   Community information ❑ Yes ❑ No

   Comments: _____

4. How could we improve the report in the future?

   _____

   _____

   _____

5. How do you prefer to receive the report in the future? (Check all that apply)

   ❑ Hard copy ❑ Diskette ❑ Email ❑ Website

Thank you for taking the time to complete the evaluation. Please fax or mail to:

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